

Little Thurrock Primary School Newsletter



Self-help Solidarity Democracy Equality Equity Self-responsibility

Friday 15th, 22nd and 28th March 2024

Dear parents and carers,

We have reached the end of a short but busy half-term. The children and staff have all worked extremely hard since January and I am sure that they are all ready for a break. The children have had some exciting trips, interesting visitors and have participated in some very creative lessons.

Our Year 6 children have been working really hard in preparation for their SATs in May and I know that many of them will be coming into school on Tuesday, Wednesday and Thursday morning next week for some Easter booster lessons.

After Easter our new additional class for Year 2 will be opening. The new demountable classroom is looking very smart and is almost ready to be handed over to the school.

For many of our Muslim families it is currently Ramadan which is expected to end on the 9th April when Eid Ul-Fitr will be celebrated. If you are celebrating Eid during the holidays, then I wish Eid Mubarak to you all.

For many of our families Easter is a very special time and I do hope that you get to spend it with your friends and families and that you all get some well-deserved rest. For Christians, the whole of this week is Holy Week and children have been learning about the importance of this in class and assembly this week.

We look forward to seeing the children refreshed and ready to learn on Monday $15^{\rm th}$ April

Ian Broyd Headteacher

Contact details

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Website: www.littlethurrock.thurrock.sch.uk

Twitter: @LittleThurrock_

<u>Upcoming events and dates.</u> (Please note the dates subject to change)

Monday 15 th April	Mental Health Awareness Week
Thursday 18 th April	Year 4 Swimming begins
Friday 19 th April	Thurrock SSP Event Netball Rally @ Basildon Sporting Village
Wednesday 24 th April	Beep Beep Day Road Safety event for Nursery and Reception
Wednesday 24 th April	Year 5 Trip visit to London Eye
Friday 26 th April	Thurrock SSP Event KS1 Tag Rugby @ Orsett Heath Academy
Friday 3 rd May	Thurrock SSP Event Girls Dynamo Cricket @ Orsett Cricket Club
Wednesday 8 th May	School Council visit to Piggs Corner
Friday 10 th May	Thurrock SSP Event Best of Dynamo Cricket @ Orsett Cricket Club
Week beginning 13 th May	Key Stage 2 SAT tests
Friday 17 th May	Thurrock SSP Y3/4 Rapid Fire Cricket @ Orsett Cricket Club
Thursday 23 rd May	Thurrock SSP Y3/4 Rapid Fire Cricket @ Orsett Cricket Club
Thursday 6 th June	Year 5 State of Matter workshop
Week beginning 10 th June	Phonic screening check for Year 1
Tuesday 18 th June	Colchester Zoo Year 1
Wednesday 19 th – 21 st June	Year 6 Residential Trip
Monday 13 th – Friday 17 th June	SATs Week
Friday 21 st June	Stubbers Year 6 Trip

Friday Celebration Assembly

We celebrate a number of achievements in school, which you will find via Class Dojo. Here you will find out more about the learning that has taken place in the classroom each week.

Little Thurrock Way certificate which is awarded to children weekly.

	Week	Week	Week
	ending 15 th March	ending 22 nd March	ending 28 th March
	2024	2024	2024
RED	Elijah	Tommy	Renae
RLR	Gabriel	Daniel	Milah
RCW	Delani	Leo	Lukas
1AS	Nancy	Xander	Kieran
1JO	Bobby	Oscar	Reegan
1BA	Lola	Anjola	Colton
2AA	Jude	Hugon	Whole class
2CD	Zachary	Emily	Adamas
2JD	Vinnie	Ameera	George S.
3HM	Summer	Nathanial	Betsy
3MS	Osajie	Harry	Dottie
3SM	Henry	Amber	Aria
4RS	Nola	Asharia	Jessica
4NP	Jasleen	Ayshah	Hannah
4LB	Eshal	Alexa	Jessica
5EE	Harper	Braiden	Blake
5SR	Lateef	Aditya	Whole class
5LH	Laksmy	Esmay	Rosie-Mae
6FD	Sadie	Mustafa	Whole class
6SZ	James	Iulian	Oscar
6AL	Freya	Maisie	Eugene

Attendance

We are continuing to celebrate and reward good attendance this year. Our new display in the hall will help to track this further. Extra play will be rewarded on a weekly basis as before. In addition to this, we will be holding a prize draw with the chance to win a £5 AMAZON voucher each week for those children with 100% attendance

	Week ending 15 th March 2024	Week ending 22 nd March 2024	Week ending 28 th March 2024
RED	87.0 %	93.3 %	90.0 %
RLR	97.1 %	90.0 %	92.5 %
RCW	92.0 %	80.9 %	85.6 %
1AS	97.2 %	91.4 %	95.2 %
1JO	96.2 %	93.4 %	96.9 %
1BA	97.2 %	95.7 %	88.3 %
2JD	96.0 %	92.7 %	93.3 %
2AA	91.0 %	94.3 %	90.0 %
2CD	96. 9 %	99.0 %	95.7 %
3HM	90.3 %	93.3 %	94.7 %
3MS	95.0 %	95.3 %	90.3 %
3SM	96.8 %	96.8 %	96.4 %
4RS	95.9 %	94.3 %	95.3 %
4NP	95.2 %	95.0 %	97.1 %
4LB	97.7 %	92.6 %	91.3 %
5EE	98.2 %	93.9 %	98.6 %
5SR	97.3 %	97.7 %	99.0 %
5LH	96.7 %	98.7 %	95.3 %
6FD	94.5 %	96.7 %	96.0 %
6SZ	98.6 %	93.4 %	96.9 %

Welcome to Boom Reader

Boom Reader is used in all year groups to support communication between home and school in reading. Each child from Nursery through to Year 6 has their own reading journey captured in one place for both parents and teachers to share and use to support children's individual progress in reading.



Each week we will share and celebrate the class reading logs. The class in each phase with the most winning certificates will win a prize at the **end of Spring term.**



Class	Week ending 15 th March 2024	Week ending 22 nd March 2024	Week ending 28 th March 2024
Nursery AM	17	14	15
Nursery PM	9	13	12
RCW	10	12	15
RED	9	12	14
RLR	10	6	8
1AS	15	19	15
1BA	11	11	11
1JO	12	6	7
2AA	14	16	14
2CD	14	15	15
2JD	11	16	12
3HM	22	11	11
3MS	10	7	10
3SM	8	9	9
4LB	16	16	13
4NP	20	17	17
4RS	17	17	21
5EE	10	17	14
5LH	18	14	23
5SR	29	27	30
6AL	7	8	7
6FD	26	26	22
6SZ	28	29	10

Winners 15.03.24

EYFS: Nursery AM

KS1: 1AS

LKS2: 3HM

UKS2: 5SR

Winners 22.03.24

KS1: 1AS

LKS2: 4RS,4NP &

5SR

UKS2: 6SZ

Winners 28.03.24

EYFS: Nursery AM & RCW

KS1: 1AS & 2CD

LKS2: 4RS

UKS2: 5SR



Week beginning 15th April 2024 - School Dinner Menu Week 3 Week 3 WEEK COMMENCING - 29th April, 20th May, 17th June, 8th July, 2nd September, 23rd September, 14th October, Quorn Hot Dog With Potato Cubes 🖫 🏏 Frozen Fruit Sweetcorn Seasonal Salad with a choice of filling Tomato & Basil Sauce Y Cobette Chicken Meatballs in a Tomato Sauce Vegan Meatballs in a Tomato Sauce With Spaghetti Pasta With Spaghetti Pasta Jacket Potato Seasonal Salad Banana Sponge Tuesdau with a choice of filling vegetables Bar Roast Chicken with Roast Potatoes , Quorn Plait with Roast Potatoes , Jacket Potato Fruit Jelly Seasonal Salad Yorkshire Pudding & Gravy Carrots Wednesdau orkshire Pudding & Gravy with a choice of filling Bar Seasonal Salad Spanish Omelette With New Potatoes Jacket Potato Thursday Sweetcorn Lemon Drizzle Cal Bar With New Potatoes with a choice of filling Vegetable Fingers With Chips Jacket Potato with a choice of filling Seasonal Salad Peas Fruit Cocktail Friday Bar

School Breakfast Club - Available

Breakfast club is a fantastic way to prepare pupils for the start of the school day! Breakfast club is run by an experienced staff team and for just £3.00 a day, pupils can take part in a range of activities before school.

If you are interested in a breakfast club place, please call the office or speak to Mrs Mitra. on 01375 373 586.



Attendance Matters!



If your child is absent due to illness or an appointment please call the main office number on 01375 373586, select option 1, and leave a message for the Attendance Officer. Alternatively, please email: attendance.ltp@osborne.coop

Unfortunately, if we do not receive a message or evidence for absences, the absence will be marked as unauthorised. Any medical / other appointments will need to be supported by evidence such as text messages, doctors note or letter. These can be produced to the front office.

If you need to take leave during school term time please complete a leave of absence form and send in to the front office. Please remember you must provide evidence with this form if you wish the Headteacher to consider special circumstances. Please allow at least two weeks' notice before the leave so we can process the form

Thank you for your support and understanding.



Little Thurrock Achiever Special Mention





Well done to Asya in 5LH

Representing the local athletics club Thurrock Harriers, Asya ran three races at the Lee Valley Minithon 60m, 200m & 600m. She did really well and came home with a bronze award for her participation.



Well done to Nicole in 6FD

Nicole has passed stage 2 piano exam with distinction.

Well done Nicole – Keel up the good work.

School Council Visit to Piggs Corner



Last week our school councillors made their regular visit to Pigg's Corner. They played ludo, snakes and ladders, connect 4, perilous penguins and even helped the residents thinking of as many boys' and girls' names beginning with specific letters of the alphabet as they could. Once again, their excellent behaviour was praised. Well done school council!





























Little Thurrock Sports News



On Friday 8th March 2023, a group of our children took part in the SEN Multi Sports event at William Edwards School. Although no medals were handed out at this event, the children were rewarded with stickers for different qualities: teamwork, determination, self-belief, respect and equality to name a few. As you can see by their tops, a lot of stickers were handed out!



Back row: Ronnie (4RS), Isaac (5LH), Kara (5EE), Roman (4NP), Alfie (6FD), Ettie (6FD)

Front row: Scarlet (5SR), Jack (5SR)

Alfie and Ettie are just two of our Sports Ambassadors who work with children throughout the school at lunchtimes. They were so inspired by this event that they wanted to provide others with the opportunity to explore some of the games they took part in. They are now using part of their Thursday lunchtime to share different games with small groups of children: curling, boccia and more.



Easter Competition Winners

Nya (2JD), Delani (RCW) and Jack (5EE)









Nina (1AS) and Folojimi (RCW)













Battle of the Bands on Times Table Rock Stars



Week ending 14th March 2024



Year 2: 2JD

Year 2 highest scorer: Nya (2JD)

Year 3: 3MS

Year 3 highest scorer: Enisa (3MS)

Year 4: 4NP

Year 4 highest scorer: Adam (4NP)

Year 5: 5LH

Year 5 highest scorer: Ermina (5LH)

Year 6: 6SZ

Year 6 highest scorer: Reece (6SZ)

Week ending 21st March 2024



Year 2: 2JD

Year 2 highest scorer: Vinnie (2JD)

Year 3: 3MS

Year 3 highest scorer: Enisa (3MS)

Year 4: 4NP

Year 4 highest scorer: Adam (4NP)

Year 5: 5LH

Year 5 highest scorer: Ermina (5LH)

Year 6: 6SZ

Year 6 highest scorer: Reece (6SZ)

Week ending 28.3.24



Year 2: 2CD

Year 2 highest scorer: Ronnie (2CD)

Year 3: 3MS

Year 3 highest scorer: Emil (3MS)

Year 4: 4NP

Year 4 highest scorer: Afaf (4NP)

Year 5: 5LH

Year 5 highest scorer: Ermina (5LH)

Year 6: 6SZ

Year 6 highest scorer: Reece (6SZ)

Please remember that TTRS is an integral part of your child's homework (Year 2 - 6).



Communication at Little Thurrock

Learning and behaviour Concerns	Pastoral Concerns	Concern relating to particular learning or physical needs	Issues relating to staff	Concerns & Queries relating to school administration
Please raise your concern with your child's class teacher in the first instance.	(Pastoral care covers our support of your child's individual needs, their emotional wellbeing and helping them with any personal problems they may be experiencing at school.)	Where a concern is related to a special need and you feel an adjustment may be required to support successful learning e.g. issues related to ASD (autistic spectrum disorders), dyslexia or dyspraxia or physical disabilities	Please contact reception who will forward your concern to the most appropriate person.	1
Please arrange a meeting with your child's class teacher to discuss the concerns further.	Please raise your concern with your child's class teacher.	Please raise your concern with your child's class teacher in the first instance.		
Please arrange a meeting with the phase lead for your child: Mrs Farrow Year 6 Miss Dowsett Year 5 Mrs Storey Year 3+4 Mrs Smith Year 1+2 Mrs Wade Nursery and Reception.	If you feel that the class teacher is unable to help for pastoral concerns, please contact our Pastoral Lead Mrs Fleming. Mrs Fleming works with all of the children for	1		Please speak to Mrs Greenfield Support Manager
Please make an appointmen teacher Mrs Joynes if you re	behavioural and pastoral support.	Please arrange an appointment with our Assistant Head teacher and SENCO Mrs Wright.		
the steps above. Please make an appointmen Mr Broyd if you remain conducted steps above.	t to see our Head teacher			
Teachers are available be made with all of the emailing a.mail.ltp@os If you are writing to the about the background of involves, and what you				



STAR SPORTS MORNING CLUBS & AFTER SCHOOL CLUBS AT LITTLE THURROCK PRIMARY SCHOOL

CLUBS START: MONDAY 15TH APRIL

CLUBS FINISH: THURSDAY 18TH JULY

The clubs will run for the full term and children can attend multiple clubs.

MONDAY	Gymnastics after school club from the end of the school day till 4.30pm for children in:						
25 spaces	eception, Year 1, Year 2, Year 3, Year 4, Year 5 & Year 6						
£72 – 12 weeks							
TUESDAY	Indoor Athletics morning club from 8am till the start of the school day (8.35am) for children in:						
11 spaces	Year 1 & Year 2						
FREE - 13 weeks							
TUESDAY	Tag-rugby after school club from the end of the school day till 4.30pm for children in:						
16 spaces	Year 4, Year 5 & Year 6						
FREE – 13 weeks							
WEDNESDAY	Basketball morning club from 8am till the start of the school day (8.35am) for children in:						
15 spaces	Year 3, Year 4 & Year 5						
FREE - 13 weeks							
WEDNESDAY	Dodgeball & Multi Sports after school club (basketball, hockey, cricket, tennis and much more!) from the end of						
20 spaces	the school day till 4.30pm for children in: Reception, Year 1, Year 2, Year 3, Year 4, Year 5 & Year 6						
£78 - 13 weeks							
THURSDAY	Football after school club from the end of the school day till 4.30pm for children in:						
40 spaces	Reception, Year 1, Year 2, Year 3, Year 4, Year 5 & Year 6						
£78 - 13 weeks							

The clubs have limited spaces; therefore, spaces will be allocated on a first come first served basis with waiting lists if needed.

Parents/Carers please ensure children attending the <u>after school</u> clubs are collected at 4.30pm from the school office and children attending the morning clubs are dropped off at the school office at 8am then the Star Sports staff member will take the children to their classes at 8.35am. Children need suitable/comfortable sportswear for the clubs, tracksuit, trainers (football boots are allowed but not essential), water, any medication (asthma pump, EpiPen etc.) and please send detailed information of the medical condition to us for our records along with any other relevant information that you feel we need to know.

Please contact Mr Cole to book places and for more information: 07976756259

Please TEXT us each child's name, year, class, school, the club(s) you're booking for and any medical/allergy info.

TRANSFER PAYMENTS TO: MR K COLE 20-79-73 40797049

Please put 'LT' and the name of your child as the payment reference AND text us each time you make a payment (state the payment reference you have used each time please). We no longer accept cheques. Thank you!

Please DO NOT contact the school office regarding the Star Sports clubs as they are run by Star Sports and the school office will not be able to take or accept bookings or payments. Thank you.

LIMITED SPACES, BOOK NOW!



2023-24 term dates, agreed by Trust Board on 20th September 2022

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Autumn Term: Monday 4 September 2023 – Wednesday 20 December 2023 73 days

Half Term 23 October - 3 November

Spring Term: Thursday 4 January 2024 – Thursday 28 March 2024 56 days

Half Term 19 February - 23 February

Summer Term: Monday 15 April 2024 – Tuesday 23 July 2024 66 days

(22-23 July twilight inset payback)

Half Term 27 May – 31 May, and May Bank Holiday - 6 May

195 days

School Holiday
Additional autumn half term
Inset days, schools closed to students
Trust conference, schools closed to students



Osborne Term Dates for 2024-25 (approved by Trust Board 27.6.23)

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School Holiday
Additional autumn half term (some Thurrock schools only)
Inset days, schools closed to students
Trust conference, schools closed to students
Bank Holidays

Thurrock Community News



Re. Preventing Street Robbery and what to do if it happens

Dear Students, Parents and Carers, I am writing to you in my capacity as the Force lead for Robbery. Whilst we continue to see crime falling in Essex, we generally see a rise in Robbery at this time of the year. I wanted to use this opportunity to warn you of the potential risk and provide some crime prevention advice. Raising awareness will undoubtedly help to keep young people safe on their way to and from school

Advice to help young people stay safe from robbery:

By sharing and discussing the following crime prevention advice with your child, you can help towards preventing them from becoming a victim of robbery:

- Be aware of your surroundings when out.
- Try to avoid using your mobile phone in public or having valuables on display.
- Smartphones in particular are attractive to thieves a more basic mobile phone will enable you to stay in touch but be less of a target.
- Make a note of the phone's 15-digit International Mobile Equipment Identity (IMEI) number. You can find the IMEI number by dialling
- *#06# on the device. This can be recorded on https://www.immobilise.com/ website; this will help police recover it if it's ever stolen.
- Earphones can make you more vulnerable as you are less aware of your surroundings.
- Having conversations with young people about the safest route home, avoiding shortcuts, is a good idea.
- Don't confront a thief it's not worth risking your own safety for possessions that can be replaced.

What to do when a robbery happens:

If a robbery happens then calling 999 on a friend or trusted adult's phone gives police the best chance to provide an immediate response. It also gives us the best opportunity to catch the suspects, recover stolen items, and most importantly ensure they are safe. If they have returned home, they can still report online www.essex.police.uk or call 101.

Give information anonymously to Fearless:

Fearless provides non-judgemental advice about crimes that affect young people. They also provide a safe place for young people to give information about crime 100% anonymously. If your child has witnessed a robbery, or knows of any information and they do not wish to speak to the police, they can speak to Fearless 100 % anonymously at www.fearless.org.

Get support after a crime:

Although following crime prevention advice can help reduce the chances of being robbed, it may still happen. It can be a frightening experience which can leave young people feeling worried and scared afterwards. If your child has experienced a crime, Victim Support are an independent charity with a specialist team who help young people cope with the impact and effects of crime, including advice and support for witnesses who may attend court.

They can speak to trained staff any time of day 0808 1689 111 or via the live chat function on their website. www.victimsupport.org.uk/children-and-young-people.

Essex is a safe place to live, work and visit, but we can all make it even safer if we take precautionary actions.

Kind Regards, Superintendent Tim Tubbs If you don't want to talk to police – contact Fearless online, without giving your name, at:

www.fearless.org

Memorise or keep a note of a parent/carer's phone number in a separate place in case of emergency.





YOU CAN HELP US PROTECT AND TRACK YOUR PHONE IF IT'S STOLEN

HERE'S THREE THINGS YOU CAN DO:

 Your phone will have security features such as a passcode or fingerprint/ face ID. Make sure you use it to protect access to your phone.

- Tracker apps can help locate your phone if it's lost or stolen. Ask a parent to show you how to set one up.
- Record the phone's IMEI number in a separate place at home. Find this by typing in:

You'll need to give this number to police if it's stolen.



KEEPING YOU AND YOUR PHONE SAFE

Getting a phone is really exciting. You can stay in touch with friends and find out more about the world.





AS POLICE OFFICERS, OUR JOB IS TO KEEP VOIL SAFE

It's also our job to stop people who want to steal property like phones, cash, earphones and even expensive coats or trainers. You can help us do that by being careful where you use your phone and taking care of cash and other valuable items.

FOUR TIPS TO KEEP SAFE

- Keep your phone and valuables out of sight and in a safe place. Take care when you take them out especially near bus stops and train stations.
- Stay alert and remember earphones/headphones can distract you from being aware of someone approaching from behind you. Thieves can approach on mopeds, e-scooters and pedal cycles.
- Don't fight back, it's not worth the risk when a phone can be replaced.
- Tell us if someone robs you or tries to. It's important you get help straight away by dialling 999 using a friend or trusted adult's phone rather than contacting police when you get home. This gives us the best chance to catch the suspects, recover stolen items and make sure you're safe.





EASTER EGG APPEAL

WE WOULD LOVE TO PROVIDE THE FAMILIES WE SUPPORT WITH A SPECIAL TREAT THIS EASTER. WE ARE COLLECTING EASTER EGGS TO PUT SOME SMILES ON THE CHILDREN'S FACES.





Thurrock Foodbank, 2-4 Chase Road, Corringham, Essex, SS17 7QH Contact—katecollier@thurrock.foodbank.org.uk
Office—01375 416200

Website—www.thurrock.foodbank.org.uk Registered Charity Number—297569

Opening hours—Mondays, Wednesdays and Thursdays 9am—3pm

AIT Schools Competition: Recording Oral History



The Challenge:

- Interview a member of your family or the local community
- Discuss how technology has changed since they were a child.
- You can create an audio recording, video, a presentation or anything else that is creative and uses technology.
- You will be judged on how well you use digital skills. For example, an audio interview may include sound effects and filters for greater impact, a bit like a radio advert.



The Prize:

As a prize we are offering £25 book vouchers to the three best KS1 entries and the three most original from KS2. We will also hold a lucky dip with five randomly picked schools receiving a set children-

friendly tech books by TechWomen100 award winner, Beverly Clarke for their schools.



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friendly tech books by TechWomen100 award winner, Beverly Clarke for their schools.



Deadline: 3rd May 2024

Email entries to:

education@archivesit.org.uk



What Parents & Carers Need to Know about OFCOM'S 'CHILDREN AND PARENTS: MEDIA USE AND ATTITUDES' REPORT 2023

Each year, Ofcom – Britain's regulatory body for communications – produces an overview of children and parents' media experiences across the previous year. The latest version has just been released, and we've pulled out some of the report's most thought-provoking findings which relate to online safety ...

97% of children had access to the internet at home in 2022

89%

of children played video games



played with people they didn't know



talked to people





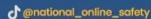












10 top tips for safely using SMARTWATCHES

Kids love gadgets, and smartwatches – available to buy from as little as £20 online – make a tempting gift. As with any type of mobile technology, though, smartwatches can pose risks to children unless they re used safely. Receiving unwanted calls, cyber-stalking and distracting a young person when they're crossing the road are all known risks associated with smartwatches. However, these devices can bring plenty of benefits for children and parents alike – so let's examine the pros and cons of smartwatches.

AVOID CHEAP OPTIONS

A quick search online yields a torrent of cheep smartwatches for kids, costing as little as £20. It's wise to avoid this bargain basement tech: It tends to deliver a poor experience with interior battery life, and it's hard to have faith in the software's safety. There have been cases of smartwatches being hacked to track or contact children; stick to known brands who have a reputation to protect.

CONTROL CALLING

Many stratawatches have the facility to make or take calls. As with a phone, you may want to restrict who your child can call — or be called by. On Apple Watches, you can select trusted contacts who are allowed to ring your child, while other watches' controls vary hugely. Some need to connect to a linked phone for calls, so you may be able to block unknown contacts via that device instead.

BEWARE HIDDEN COSTS

For a smartwach to allow calls independently (that is, without being connected to a phone via Bluetooth), it will need its own mobile data plan. This might take the form of a tiny siM card that you slot into the watch – or an eSiM, where the physical card is replaced by software settings. Either way, this will incur an additional monthly cost that you'll need to factor into any buying decision.

ENABLE FAMILY SHARING

Apple Watches aren't cheap, but they do offer superb salety leatures — allowing parents to control calls, messages and emails on the device, as well as a location tracking system that can send alerts if kids wander beyond pre-set boundaries. Their SOS function enables children to contact emergency services instantly if they're in trouble, which simultaneously also alerts parents and carers.

TRACK ITS LOCATION

Both Apple and Android devices have apps which allow you to track a smartwatch's location. They can also initiate an audio alert—avoiding those cushion-hurling panics when a treasured device can't be found at home. If you're planning to track your child's location via their watch, make them aware of that in advance. You could even make it a condition of them cetting the watch in the first place.

THINK 'SAFETY FIRST'

Smartwatches are often worth hundreds of pounds, which can make young people wearing one a target for thieves. Advise your child to keep the watch hidden in public (when possible) and not to resist if muggers demand their watch. If you manage to track a stolen device, pass that information to the police: location data isn't always accurate, so you could end up wrongly accusing someone.

STORE MEDICAL INFO

bevices including the lamsung Galaxy Watch and lamsung Galaxy Watch and lamsung Galaxy Watch and lamsung Galaxy Barbard and any pre-existing medical conditions), retricies access to vital information in a crisis. These devices also have hard fall' detection, which sends a ext message to selected contacts along with a map showing the water's location.

USE THEM AS MOTIVATION

you're worried your child's pending too much time tumped on the sofa staring at creens, smartwatches are great thess trackers and can be a lowerful incentive to get moving, ome devices will alert the wearer they've been inactive for a long me and encourage them to do ome exercise. Many watches cord the user's daily step count and measure other health metrics.

MAKE THEM COOL FOR SCHOOL

Some schools have banned smartwatches, as pupils have been using them as substitute phones. If your child's school does permit them, some devices can be set to prevent distractions in class. For example, Apple's Schooltime feature turns their watches into ordinary time-keeping devices during school hours. The display changes in this mode, showing teachers that it isn't being used for other purposes.

BE MINDFUL OF BEDTIME

Many smartwatches offer sleep tracking, which some (usually older) children use to justify wearing them to bed. However, that also presents a temptation to message friends or check social media late at night, even if their phone is downstairs. Unless there's a valid reason not to, you could encourage your child to remove the watch in the evenings and ensure the charger stays in a different room.



Meet Our Expert

Barry Collins has been a technology journalist and editor for more than 20 years, working for tilles such as the Sunday Times, Which?, PC Pro and Computeractive He's appeared regularly as a technology punalit on television and radio, including on Bita Newsnight, Radio 5 Live and the ITV News at Ten. He has two children and writes regularly about hiterent and etally jeruse.

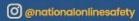














What Parents & Carers Need to Know about

YouTube is a video-sharing social media platform that allows billions of people around the world to watch, share and upload their own videos with a vast range of content - including sport, entertainment, education and lots more. It's a superb space for people to consume content that they're interested in. As a result, this astronomically popular platform has had a huge social impact: influencing online culture on a global scale and creating new celebrities

INAPPROPRIATE CONTENT

YouTube is free and can be accessed via numerous devices, even without creating a YouTube account. Some content is flagged as 'age-restricted' (requiring the user to be logged into an account with a verified age of 18), but children can still view some mildly inappropriate material. This can include profanity and violence, which some young users may find upsetting.

CONNECT WITH STRANGERS

your ube is a social media platform which allows people to interact with other (usually unknown) users. Account holders can leave comments on any video they have access to, as well as messaging other users directly. Connecting with strangers online, of course, can potentially lead to children being exposed to adult language, to cyberbullying and even to encountering

SUGGESTED CONTENT

HIGH VISIBILITY

TRENDS AND CHALLENGES

YouTube is teeming with trends, challenges and memes that are fun to watch and join in with. Children often find these immensely entertaining and might want to try them out. Most challenges tend to be safe, but many others may harm children through either watching or copying. The painful 'salt and ice chollenge, which can cause injuries very quickly, is just one of many such examples.

SNEAKY SCAMMERS

6

opular YouTube channels regularly

Advice for Parents & Carers

APPLY RESTRICTED MODE

CHECK OTHER PLATFORMS

Influential content creators usually have other social media accounts which they encourage their fans to follow. Having an open discussion about this with your child makes it easier to find out how else they might be following a particular creator online, it also opens up avenues for you to check out that creator's other channels to see what type of content your child is being exposed to.

Restricted Mode is an optional setting that prevents YouTube from showing inappropriate content (such as drug and alcohol abuse, graphic violence and sexual situations) to underage viewers. To prevent your child from chancing across age-inappropriate content on the platform, we would recommend enabling Restricted Mode on each device that your child uses to access YouTube.

TRY GOOGLE FAMILY

Creating a Google Family account allows you to monitor what your child is watching, uploading and sharing with other users. It will also display their recently watched videos, searches and recommended videos. In general, a Google Family account gives you an oversight of how your child is using sites like YouTube and helps you ensure they are only accessing appropriate content.

MONITOR ENGAGEMENT

YouTube is the online viewing platform of choice for billions of people, many of them children. Younger children will watch different content to older ones, of course, and react to content differently. You may want to keep an eye on how your child interacts with content on YouTube – and, if applicable, with content creators – to understand the types of videos they are interested in.

CHECK PRIVACY SETTINGS

YouTube gives users the option of uploading videos as 'private' or 'unlisted' - so they could be shared exclusively with family and friends, for example. Comments on videos can also be disabled and channels that your child is subscribed to can be hidden. If your child is only uploading videos that are protected as 'private', they are far less likely to receive direct messages from strangers.

LIMIT SPENDING

Although YouTube is free, it does offer some in-app purchases: users can rent and buy TV shows and movies to watch, for example. If you're not comfortable with your child purchasing content online, limit their access to your bank cards and online payment methods. Many parents have discovered to their cost that a child happily devouring a paid-for series quickly leads to an unexpected bill!

Meet Our Expert

Clare Godwin (a.k.a. Lunawolf) has worked as an editor and journalist in the gaming industry since 2015, providing websites with event coverage, reviews and gaming guides. She is the owner of Lunawolf Gaming and is currently working on various gaming-related projects including game development and writing non-fiction books.











www.nationalonlinesafety.com









Thameside Family Hub

START FOR LIFE

Manor Road, Grays, RM17 6EF Email: thamesidecc@thurrock.gov.uk Phone: 01375 387 894

thurrock.gov.uk

What's on in April 2024

Mondays

Start	End	Activity	Age groups	How to join in
8.30am	12.00pm	Housing Advice for Council Tenants		Book in advance 01375 413820
9:30am	10:30am	Baby Rhyme Time 15 th , 22 nd and 29 th April	0 to 12 Months	All welcome
9.30am	10.30am	Play and Learn	24 to 60 Months	
10.00am	11.00am	Easter Event 8 th April	0 to 11 years	Book on advance
11:00am	12:00pm	Baby Massage	0 to 12 Months	Book in advance
2:00pm	3:00pm	Stay and Play 15 th , 22 nd and 29 th April	24 to 60 Months	All Welcome

Tuesdays

9:30am	10:30am	Stay and Play 16 th and 23 rd April	12 to 24 Months	All Welcome
10.00am	12.00pm	STOP – Parenting Programme for Parents of Teenagers		Referral only
11:00am	12:00pm	Fun with Stickers – 16 th April Fun with Textures – 23 rd April	12 to 60 Months	All Welcome
2:00pm	3:00pm	Sensory Play 16 th - 12 to 24 months 23 rd - 0 to 12 months		All Welcome

Wednesdays

Wednesdays				
9:00am	4:00pm	Midwife	Ante Natal	Book in advance
9.00am	11.00am	Children's Continence Advisor 3 rd April	18months +	Drop In
9.30am	10.30am	Parents 1st Coffee Morning/Drop In 10th April	This is an opportunity for you to meet other expectant mums in your area and get information on local groups available to you.	All welcome
1.00pm	4.00pm	Children's Continence Advisor 3 rd April	18months +	Referral only
10:30am	11:30am	SEND - Just For You 10 th , 17 th and 24 th April	0 to 60 Months	All welcome

11:00am	12:00pm	Stay and Play 17 th and 24 th April	0 to 12 Months	All welcome
1.00pm	2.00pm	Chat, Play and Grow with Messy Play A fun session focussing on learning through play. Sensory, discovery and messy play for 3-5 year olds. 3rd April	36 to 60 months	All welcome
1.30pm	2.30pm	Let's Talk to your Toddler	12 to 24 Months	Book in advance
1.30pm	2.30pm	Fussy Eating 17th April	12 to 60 Months	Book in advance
4.00pm	5.30pm	Young Carers		Referral only

Thursdays

9:00am	4:00pm	Midwife	Ante Natal	Book in advance
9.30am	11.00am	Chatterbox	24 to 60 Months	Referral only
9.30am	11.00am	Parental Outreach Advice Session 25 th April		Book in advance
11.00am	12.30pm	Pre and post-natal exercise classes Face to Face – For all fitness levels. You could improve your fitness, bladder control, posture, core strength, wellbeing and mood. 18 th and 25 th April	Mothers with a 0 to 6 month old child	Book in advance Tilbury Family Hub 01375 858243
1.30pm	2.45pm	Baby Weighing Clinic- Drop In	0 to 60 Months	All Welcome
1.30pm	2.30pm	Dental Workshop Event Early Years Oral Health Programme 25 th April	0 to 8 years	Book in advance
2.45pm	3.45pm	Baby Massage Acorns Community Centre Headon Hall, Crawford Avenue, Stifford Clays. RM16 2AS	0 to 12 months	Book in advance

Fridays

9.00am	1.00pm	Speech and Language Drop- In 5 th April		Referral Only
9:00am	1:00pm	Early Interaction Advice Sessions	24 to 60 Months	Referral Only
9.30am	10.30am	Garden Group 19 th and 26 th April	24 to 60 Months	All welcome
10:00am	12:30pm	Job Club – Supported Families Employment Adviser		Book in advance 07776245301
10:00am	4:00pm	Inclusion Visions - Substance Misuse and Support – Drop in	18 + Years	Lorraine. G 07977 792 236
11.15am	12.15pm	Let's Talk to Your Baby	0 to 12 Months	Book in advance
1.30pm	2.30pm	Stay and Play 5 th , 19 th and 26 th April	0 to 12 Months	All welcome

Brighter Futures – Family Hub Offer

Please use this link to see the Family Hub's offer and activity details -

www.thurrock.gov.uk/family-hub-activities

Please see the Thurrock website for details of each Family Hub and what is on offer each month and Face Book for information:

www.facebook.com/groups/thurrockschildrenscentres

Are your registered with the Family Hub? If not, you can do this online.

Visit:www.thurrock.gov.uk/family-hubs



FREE School Uniform

free for everyone, no referral needed!

Events

Fridays 3 - 4.30pm

19th January 16th February 15th March 19th April 17th May 21st June



20th January 17th February 16th March 20th April 18th May 22nd June





Community Church Chadwell St Mary Defoe Parade (enter from Brentwood Road)

RM16 4QR

Save the planet (and your pennies () Hundreds of items in stock:

- Polo shirts
- Shirts & blouses
- Skirts
- Trousers
- Socks
- Pinafore dresses

- Jumpers & cardigans
- · Blazers & ties
- · PE kit incl football socks
- Plimsolls
- Black shoes
- Coats

<u>Clean, good</u> condition school uniform donations accepted when space allows. Please check our facebook page to see if we are currently collecting. Search facebook for "The 180 Project"

An event run by The 180 Project, part of Community Church Registered charity no. 1062301. Tel: 01375 484 101

