



### **Purpose of study**

The National Curriculum states that all schools must provide a curriculum that is broadly based, balanced and meets the needs of all pupils. It must also promote the spiritual, moral, cultural, mental and physical development of pupils at school and society. At Little Thurrock Primary, we aim to equip all children with the knowledge, understanding, skills and strategies required to live healthy, safe, productive, capable, responsible and balanced lives. We aim to create a happy and purposeful environment where all children feel safe and valued. We as a school aim to prepare all our children for the opportunities, responsibilities and experiences of later life. Through our school PSHE scheme of work, we aim for all our children to be well rounded, independent and responsible members of our society.

### **Who is the Little Thurrock learner?**

Our curriculum is based on the PSHE Association's scheme of work. It takes a thematic approach to primary PSHE education, covering all three core themes of the Programme of Study (Health and Wellbeing; Relationships; and Living in the Wider World) over the school year, with three sub-topics per half term. This approach allows different year groups to work on similar themes at the same time, building a spiral programme year on year. We aim to ensure that all pupils:

- grow in self-respect, aim high and celebrate who they are
- acquire the skills necessary to develop and sustain positive relationships, focusing on family and friends, including online
- appreciate and respect differences, valuing the contributions others make to our society
- understand the rights of the child and rules in place to enjoy a happy, healthy and safe childhood
- develop resilience when face with challenging situations, knowing how/where to seek help

### **Our Curriculum Rationale**

Our curriculum aims to help pupils gain the knowledge and abilities needed to recognise and evaluate various responses, as well as to create their own. Children with additional needs are given the same opportunity to succeed, developing skills needed for life. As a result of our PSHE curriculum we believe our children will:

- voice their opinions with confidence, appreciating other points of view.
- mature into respectful and respectable citizens of their local and global community
- embrace the challenges of creating a happy and successful adult life, recognising what this could look like
- value the importance of a healthy, active lifestyle to both their physical and mental well-being